

✨ UNTAMED — Embodying Consciousness

A transformational elemental journey for women and men

May 2026 – January 2027

There is a divine pulse inside you that longs to be lived,
not as an idea or ideal,
but in the body,
in the breath,
in the friction and flow of human relationship.

UNTAMED is an invitation to cross the threshold.
between the unseen and the seen,
to bring spirit into form,
consciousness into action,
and longing into embodied presence.

Over five elemental weekends, we enter the alchemy of incarnation —
not as an escape from life,
but as a deep dive into how we love, relate, create, and shape reality.

We meet the ancient dance between love and will,
masculine and feminine,
structure and fluidity,
not to resolve them,
but to relate through them,
and rediscover the wisdom living inside polarity.

Together, as women and men who do not know each other,
we walk the edge of outdated paradigms,
unravel inherited relational programs,
and step into a new field of presence, creativity, and sacred responsibility.



Beloved, do you feel it?

The quiet knowing in your belly.
The chest that aches when you silence your truth.
The exhaustion from holding everything together.
The wild, the wise, the wondrous part of you
that refuses to disappear.

This journey is a remembrance.
not rebellion,
not resistance,
but a return through embodied love and unapologetic presence.

UNTAMED is for women and men who feel:

- tired of being “too much” or “not enough”
- disconnected from their body, intuition, eros, or purpose
- stuck in inherited relational patterns
- overwhelmed by roles or emotional load
- longing for clarity, grounded power, and embodied intimacy
- ready to move, breathe, create, and lead from essence — untamed

You will walk away braver in your love,
clearer in your yes and your no,
more rooted in your body,
more available to life.

✨ The Path We Walk — 5 Elemental Archetypal Weekends

🌿 1. Mother / Father — The Root of Remembrance

Self-parenting, core wound healing, belonging, inner safety.

🔥 2. Warrior — Sacred Will & Aligned Boundaries

Clarity, fire, direction, impact, standing in your axis.

💖 3. Lover — Tender Authority & Embodied Intimacy

Softness, eros, emotional intelligence, relational presence.

🌙 4. Shaman — The Body as Oracle

Intuition, ancestral resonance, subtle senses, the unseen.

✨ 5. Essence — The Untamed Self

Beyond identity, beyond story — the pure pulse of your being.



When We Gather (Final Dates)

15–17 May 2026

17–19 July 2026

9–11 October 2026

27–29 November 2026

15–17 January 2027 (Closing & Integration)

Where We Gather — Soul Sanctuary

Casa del Arte, near Barcelona, overlooking the Mediterranean,
held by the Catalan forest.

A private space crafted for depth, safety, restoration, and remembrance.

Small group: maximum 14 participants.

Location: <https://maps.app.goo.gl/JF7nUm55sws5DJkN8>

Pricing

- One weekend: 450 EUR
- Full journey (all 5 weekends): 2000 EUR

Includes:

- Accommodation
- Organic meals
- Facilitation
- Pre-journey preparation
- Post-journey integration support

Next Steps (Updated – No Form)

If your body whispers yes...
you can now book a 15-minute call with Elisabeth.

This conversation allows us to feel together:

- your readiness
- your intention
- your alignment
- whether this journey is the right next step
- whether the timing and container support your depth

I prefer to meet each person personally —
it keeps the field clean, attuned, and grounded.

BOOK YOUR 15-MINUTE CALL HERE

(Insert your online calendar link)

After the call, you will receive all practical details and payment options.

Closing

This is your invitation
to come home —
to your body,

to your truth,
to your essence,
to the one in you that is wild, wise, and undefended.

UNTAMED — Embodying Consciousness

A journey for women and men.

A journey into the mystery lived through the body.

A journey for you.