

The Women's Archetypal Journey & Facilitator Training

Beginning October 2026 · Dates to be confirmed

An Intimate Call

In the midst of life's swirling chaos, something ancient and tender whispers your name.

A quiet call to pause. To listen.
To remember the sacredness of who you are.
Not just as a woman surviving—but as a woman returning.
Returning to the seat of her power.
To the embrace of her body.
To the divine feminine that lives in every cell of her being.

This is not a course.
It's a pilgrimage of soul.
A journey of remembrance and transformation that will hold you from October 2026 onward.

And for those who feel called to share this medicine with others, this path also offers a Facilitator Training, with two diplomas at completion—supporting your becoming, both as a woman and as a guide.

A Journey of five Faces, One Heart

Each gathering is a sanctuary—woven with ritual, movement, nature, and sisterhood. Together, we will travel through seven feminine archetypes and conclude with a sacred 8-day retreat, nestled in the wild beauty of Casa del Arte, overlooking the Mediterranean.

This is a journey to remember who you are beneath the noise.
To reclaim the pieces of you that were hidden, silenced, or forgotten.
To live in truth and lead from soul.

The Journey Unfolds

1. Intimacy with Being

Return home to yourself.
Meet the part of you that doesn't need to prove, fix, or please.
Learn to move with life rather than against it.
Rest in your breath. Feel your being. Love the mystery that you are.

2. The Mother Archetype

Hold yourself with fierce tenderness.
Cradle the pain you inherited but never chose.
Untangle the ancestral knots.
Root into the ground of belonging.
Feel safe to open your heart—first to yourself, then to others.

3. The Warrior Archetype

Awaken the fire in your belly.
Not to fight—but to stand.
For your boundaries. Your truth.
For the life that wants to move through you.
Let your power be clear, sovereign, and kind.

4. The Lover Archetype

Soften. Melt. Receive.
Let the hungry child in you be met with love.
Dare to feel your longing without shame.
Reclaim the sacredness of your pleasure, your radiance, your sensuality.

5. The Shamana Archetype

Walk between the worlds.
Listen to what others cannot hear.
Meet the dark and light as equal guides.
Craft rituals from your bones.
Remember what your grandmothers once knew.

6. The Whole Woman

She is not a dream.
She is you—when all parts of you are welcomed home.
The lover. The mother. The mystic. The warrior. The child. The queen.
You don't need to be fixed.
You need to be seen.

7. Bridge to the Unknown

A threshold. A sacred edge.
Nothing we write can fully describe this weekend.
It is the doorway to the final rite of passage.

Final Retreat: Sacred Initiation

A sanctuary of emergence.

A time to integrate, to be witnessed, and to cross the threshold as the woman you've become.

A celebration of your becoming—held in the arms of your sisters.



Tending the Masculine Within

Though our path honours the feminine, we will also gently meet the distorted masculine inside us—those parts shaped by survival, rigidity, and control. Through healing, we create space for a new, sacred balance to flourish in all our relationships and creations.



The Practices That Hold Us

This is a deeply embodied journey. We will be accompanied by:

- Movement & dance
- Voice & breathwork
- Writing & creative expression
- Sculpting & ritual
- Nature immersion
- Ceremony & sisterhood

Together, we will open—petal by petal—what has been waiting within us to be felt, honoured, and brought to life.



We Will Be Held

You will not walk alone. Throughout the journey:

- Three experienced women who've walked this path before will assist and support
- You'll be paired monthly with a 'buddy' to share and reflect
- We'll stay connected through a WhatsApp or email forum
- Zoom gatherings between weekends will nourish continuity and depth



Our Sanctuary: Sanctuary of the Soul

A breathtaking retreat center 30 minutes from Barcelona, gazing over the Mediterranean.

Wild, peaceful, sacred. A place that remembers.

<https://maps.app.goo.gl/JF7nUm55sww5DJkN8>

 <https://authenticstacy.com> **Sanctuary of the soul** retreat-centre

Your Investment

- 650€ per 3-day weekend (includes accommodation & food)
- 1.600€ for the 8-day Final Retreat
- 300€ deposit to secure your place (deducted from total)

✨ Flexible pricing available. Let's talk if finances are a concern—we're committed to accessibility.

You Are Invited

This is a call to step in.
To step up.
To love yourself whole.
To lead from the beauty you've reclaimed.

No more waiting.
No more pretending.
No more shrinking.

It's time to become the woman your soul has always known.

With love, anticipation, and the whisper of sisterhood,
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