

Intimate Freedom

Journey Into Alchemical Love: Embrace the Wildness Within

Step into a world where love transcends and embraces the ordinary – and transforms it into something extraordinary. We invite you to embark upon a journey beyond the confines of conventional romance.

Join us as we explore the depths of intimacy, passion, and self-discovery within a radically new way of relating.

At the heart of our journey lies the concept of Alchemical Relationships—a profound shift from the romantic models of the past towards deeper, more authentic connection. It's about embracing vulnerability, shedding societal conditioning, and uncovering the true essence of love that resides within us all.

Beyond Romance: Embracing Alchemical Love

Love is more than just a feeling; it's our innate beauty – the power of our essence – that emerges through humility, equality, and simplicity. Our journey will be a radical departure from what we've been taught about relationships, love, and intimacy. It'll be about recognising the gifts that men and women bring and celebrating the magic of true connection.

It'll be a passionate exploration of what's possible when we feel safe enough together to let go and dare to dive into the depths of our bodies, hearts, and souls.

Join us for a transformative weekend retreat from **October 25th to 27th, 2024**, when we'll delve deep into the essence of Alchemical Love. Picture intimate moments shared with your partner, deep conversations under the stars, and a chance to rediscover the magic that brought you together in the first place.

Rekindle the Flame: Rediscover Love and Connection

This retreat is an opportunity to reignite the spark of deep connection that can so easily dim over the years. Whether you long to safely speak your hearts' truths to each other, remember the softness of each other's holding, or simply give your couple the gift of some quiet quality time, we believe this weekend will not only meet your needs but exceed your expectations.

We'd like to invite you to enjoy the wild beauty of the gardens of **La Casa de la Fusta (La Casa del Arte)** with its magnificent sea views and experience the presentness, connection, and joy of Alchemical Relationship.

We'd like to invite you to put your everyday lives aside for a weekend and immerse yourselves in this weekend retreat – to take the risk of letting go of the suffocating conditioning that holds us all back – and embrace the naked wildness of your true selves.

During our time together, you'll delve deep into various aspects of Alchemical Relationship, including:

- Exploring the source of our insecurity, fear, and feelings of being trapped.
- Addressing the longing and frustration of not feeling as connected as we desire.
- Understanding and transcending the blame game.
- Navigating the conflict between submission and rebellion.
- Learning how to manage our emotional world without disrupting intimacy.
- Cultivating intimacy as a source of creative fulfilment within ourselves and with others.
- Becoming allies on our journey.
- Embarking on the path of the Alchemical Relationship in our daily lives.
- Opening the door to an erotic life free from repetitive patterns.

Join a Supportive Community

Join a supportive community of couples on this profound journey of rediscovery, where you'll recognise yourself anew and be inspired by others. Reserve your spot now and let's embark on this transformative adventure together.

Spaces are limited, so please reserve early.

If you have any questions, please contact us at info@authenticcestasy.com, or call **Elisabeth** on **662353050** to arrange a meeting to see if this retreat really is a perfect fit for you and your partner.

You're very welcome to join our community for inspirational updates and content specifically related to the retreat. Click the link below to join the WhatsApp group and stay connected:

Investment in Your Relationship

Invest in your relationship with our all-inclusive package:

- Double bed ensuite accommodation
- Three delicious organic meals prepared by our excellent chef

The cost for the entire weekend is **350€ per couple**. Secure your spot with a deposit of **150€**.

Please note that room prices may vary slightly according to the room allocated.

We can't wait to embark on this journey with you!

Embrace the wildness within and let love lead the way!

With love and anticipation,

Elisabeth

