

The Dawn of Motherhood

A journey to embody, root, and awaken the true Mother within

Motherhood is an art — one that many of our ancestors were unable to pass on to us.



For centuries, women have carried cultural limitations that silenced our natural wisdom.
As a

result, many of us were left without guidance on how to support our children in creating
healthy, embodied bonds.

Unconditional Love Begins Within

The love expected from a mother starts with self-love:



valuing ourselves



forgiving ourselves



embracing our freedom

Only from this foundation can we offer unconditional love to our children — without
falling

into co-dependence, fear of rejection, submission, or rebellion.

Rooted in the Body, Rooted in the Earth

One of the greatest gifts a mother can give is to be:



grounded in her body



connected to the earth



confident in her essence

When we embody self-love, creativity, and freedom, we awaken our children's inner sense
of worth and belonging.

Breaking the Chain

This new cycle of The Dawn of Motherhood will guide us to:

 recognise the shadows we inherited

 uncover the patterns we unconsciously repeat

 receive tools to “break the chain” of generational conditioning

We will move from fear, duty, and effort → into adventure, intimacy, and freedom. From here,

we can experience love and connection with our children from a new place: the authenticity of

the Mother we truly are. 

What You Will Receive.

In this 5-part intimate online journey you will:

 Explore open communication with your children — even around taboo topics

 Learn how to support them in today’s changing world

 Free yourself from inherited limiting beliefs

 Cultivate a healthy, strong, and free bond with your children

Practical Information.

All sessions via Zoom

 Free Intro Session

Wednesday 18 September, 20h–22h (CCT)



Course Dates:

- 12 y 26 de noviembre
- 10 de diciembre
- 14 de enero
- 4 de febrero



Time: 20h–22h (CCT)



Contribution:

35€ per session, 175€ full course



Join Us



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